

## December 2019 Tech Masters swimming workout schedule

Date	6:15a-7:30a	12p-1:15p	7:15 p-8:30p
Sun. Dec. 1st	5 lanes for the 10:00 AM to 11:15 am workout		
Monday Dec. 2nd	6	4	4
Tuesday Dec. 3rd	5	none	4
Wednesday Dec. 4th	6	4	4
Thursday Dec. 5th	<b>none - varisty workout</b>	none	4
Friday Dec. 6th	6	4 - tentative	<b>no workout - Varsity invite</b>
Saturday Dec. 7th	<b>Varsity meet</b>		
Sun. Dec. 8th	<b>Varsity meet</b>		
Monday Dec. 9th	6	4	4
Tuesday Dec. 10th	5	none	4
Wednesday Dec. 11th	6	4	4
Thursday Dec. 12th	5	4	Age group meet - no workout
Friday Dec. 13th	6	Age group meet - no workout	Age group meet - no workout
Saturday Dec. 14th	<b>no workouts</b>		
Sun. Dec. 15th	Age group meet - no workout		
<b>Notes</b>			

1. No Thursday morning workouts continue through the month of December
2. There is a Varsity Swim Meet the weekend of December 7th - no Friday December 6th night workout, and no workout Sunday December 8th
3. There is a Age goup Swim Meet from Dec. 12th to 15th- Thursday Dec. 12th, no night workout, Friday December 13th no noon or night workout, and no workout Sunday December 15th
4. Z-center Pool shutdown starts on Monday December 15th and our program takes a break until January 2020.

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday Dec. 16th	Z center shutdown - Z center pool is closed - but alumni is open		
Tuesday Dec. 17th	Z center shutdown - Z center pool is closed - but alumni is open		
Wednesday Dec. 18th	Z center shutdown - Z center pool is closed - but alumni is open		
Thursday Dec. 19th	Z center shutdown - Z center pool is closed - but alumni is open		
Friday December 20th	Z center shutdown - Z center pool is closed - but alumni is open		
Saturday December 21st	<b>none</b>	<b>none</b>	<b>none</b>
Sunday December 22nd	pools is set up for long course		
Monday December 23	none	none	<b>none</b>
Tuesday December 24	<b>MIT holiday - pool closed</b>		
<b>Wednesday December 25</b>	<b>MIT holiday - pool closed</b>		
<b>Thursday December 26</b>	none	none	<b>none</b>
<b>Friday December 27</b>	none	none	<b>none</b>
<b>Saturday December 28</b>	<b>none</b>	<b>none</b>	<b>none</b>
<b>Sunday December 29</b>	none	none	<b>none</b>
<b>Monday December 30</b>	none	none	<b>none</b>
<b>Tuesday December 31</b>	<b>MIT holiday - pool closed</b>		