

## February 2019 Tech Masters Swimming Workouts

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday January 28	6	4	4
Tuesday January 29	5	none	4
Wednesday January 30	6	4	4
Thursday January 31	5	none	4
Friday February 1	6	5	4
Saturday February 2	none		
Sun February 3	5 lanes for the 10:00 AM to 11:15 AM workout		
Monday February 4	6	5	4
Tuesday February 5	5	none	4
Wednesday February 6	6	5	4
Thursday February 7	5	none	4
Friday February 8	6	5	4
Saturday February 9	none		
Sun February 10	Swim Meet - no workout		
Monday February 11	5	5	4
Tuesday February 12	5	none	4
Wednesday February 13	6	5	4
Thursday February 14	5	none	4
Friday February 15	6	5	4
Saturday February 16	none	none	none
Sun February 17	5 lanes for the 10:00 AM to 11:15 AM workout		

Date	6:15a-7:30a	12p-1:15p	7:15p-8:30p
Monday February 18	No workouts due to MIT holiday		
Tuesday February 19	5	5	4
Wednesday February 20	6	5	4
Thursday February 21	5	none	Swim meet
Friday February 22	5	Swim meet	Swim meet
Saturday February 23	none		
Sun February 24	Swim Meet no workouts		
Monday February 25th	6	5	4
Tuesday February 26th	5	none	4
Wednesday February 27	6	5	4
Thursday February 28	5	none	4
Friday March 1	6	5	4
Saturday March 2	none		
Sunday March 3	5 lanes for the 10:00 AM to 11:15 AM workout		

### Changes to normal Workout Schedule

2/10 - MIAA Swim Meet - no Sunday morning workout

2/18 - No workouts due to MIT holiday - there is an extra Tuesday noon (19) workout

2/21-2/24 - NEISDA Swim Meet - There is only a workout on Thursday Feb. 21st and Friday Feb. 22nd in the am - all other workouts through sunday cancelled due to swim meet.