

May 2019 Tech Masters Swimming Workouts

Date	6:15am-7:30am	12pm-1:15pm	7:15 pm-8:30 pm
Monday April 29	6	Long course 3 lanes	Long course 3 lanes
Tuesday April 30	Long course 3 lanes	none	Long course 3 lanes
Wednesday May 1	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Thursday May 2	Long course 3 lanes	none	Long course 3 lanes
Friday May 3	Long course 4 lanes	Long course 3 lanes	Long course 3 lanes
Saturday May 4	No workout		
Sun May 5	3 lanes for the 10:00AM to 11:15 AM workout -Long Course (LC)		
Monday May 6	4 lanes	3 lanes	3 lanes
Tuesday May 7	3 lanes	none	3 lanes
Wednesday May 8	4 lanes	3 lanes	3 lanes
Thursday May 9	3 lanes	none	3 lanes
Friday May 10	4 lanes	3 lanes	none
Saturday May 11	No workout		
Sun May 12	3 lanes for the 10:00 AM to 11:15 workout		
Monday May 13	4 lanes	3 lanes	3 lanes
Tuesday May 14	3 lanes	none	3 lanes
Wednesday May 15	4 lanes	3 lanes	3 lanes
Thursday May 16	3 lanes	none	3 lanes
Friday May 17	4 lanes	3 lanes	3 lanes
Saturday May 18	No workout		
Sun May 19	3 lanes for the 10:00 AM to 11:15 workout		

Date	6:15am-7:30am	12pm-1:15pm	7:15 pm-8:30 pm
Monday May 20	4 lanes	3 lanes	3 lanes
Tuesday May 21	3 lanes	none	3 lanes
Wednesday May 22	4 lanes	3 lanes	3 lanes
Thursday May 23	3 lanes	none	3 lanes
Friday May 24	4 lanes	3 lanes	none
Saturday May 25	No workout		
Sun May 26	3 lanes for the 10:00 AM to 11:15 workout		
Monday May 27	No workouts - Memorial day		
Tuesday May 28	3 lanes	3 lanes	3 lanes
Wednesday May 29	4 lanes	3 lanes	3 lanes
Thursday, May 30	3 lanes	none	3 lanes
Friday May 31	4 lanes	3 lanes	none
Saturday June 1	No workout		
Sun June 2	3 lanes for the 10:00 AM to 11:15 workout		

Changes to normal Workout Schedule:

1. no Friday night workout on Friday May 10th, Friday May 24th or Friday May 31st.
2. No workout on Monday May 27th due to the MIT holiday - there is an extra Tuesday noon workout added on May 30th.

Looking forward:

The pool is closed for the morning due to Graduation on Friday June 7th. There is no morning workout, but a noon and pm workout.